

Take care on trails, Be Bear Aware

Ride your wheels safely — give way to pedestrians, use your Bell or Yell to pass

Always be a predictable cyclist, and always wear your helmet - it's the law

Visible, reflective and colourful, accessories keep you safe and be seen on rainy and dark days

Enjoy the outside environment and get to know your home and school neighbourhood

Look carefully and make eye contact with drivers before you cross roads and back lanes

Stay off the road well back from traffic at an intersection; trucks take more space to turn

Mobility is for everyone; share the sidewalk, roadside and trails considerably

Active travel is healthy travel!

Remove an ear piece if you wear them, you need to hear clearly in quiet areas and in traffic

Time walking together with family is time to unwind and share the day's news

View your BEST ROUTES MAP for all your options:

Walk to school

Walk the closest Best Route from home, or walk partway from a safe parking location. Get to know your community for everyday activities year-round.

Cycle to school

Rain or shine, biking is fun!

Learn biking rules to stay safe — review Cycling Safety, for bike riders and car drivers, at the icbc.com website under the Road Safety tab.



Park and Walk 5 minutes or more to school

- Drive and park safely and lawfully.
- Abide by posted signage regulations.
- Be respectful of residents.
- Never block driveways or park on sidewalks.
- Help maintain good air quality by turning off the car engine when parked.



Be safe on trails. Visit **WildSafe BC** to discover wild animal facts.

For tips on Staying Safe in Bear Country visit the website <https://bcparks.ca/explore/misc/bears/>

- Make noise.
- Be alert.
- Stay together.
- Watch your pets.
- Use officially marked trails.
- Carry bear spray and know how to use it.



Benefits for students

BEING ACTIVE BUILDS HEALTHY BONES AND MINDS. Walking or biking all or partway to school is not only a great way to be healthy and keep moving but has also been shown to increase alertness and grades at school.



Care for our earth

VEHICLE EMISSIONS ARE THE LARGEST CAUSE OF POOR AIR QUALITY IN BC and are individual Canadians' greatest source of green house gas emissions. Every vehicle trip replaced by walking, biking or transit reduces our contribution to climate change.

Support and resources for safe, active trips on the Sunshine Coast:



Transportation Choices - Sunshine Coast (TraC):
transportationchoices.ca/wp/



Vancouver Coastal Health:
www.vch.ca/public-health/healthy-communities-population-health



Sunshine Coast Regional District:
<https://www.scrd.ca/walk-cycle>

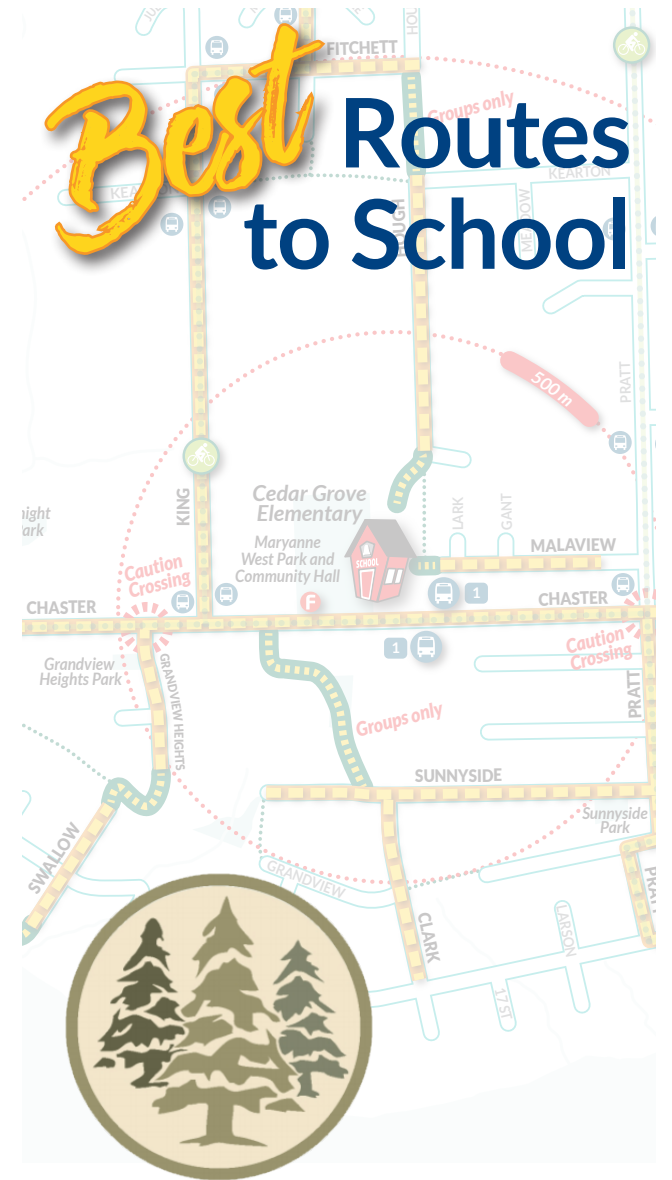


The BC Cycling Coalition:
www.bccc.bc.ca
The BikeSense Manual is found here:
www.bikesense.bc.ca/



Dedicated Action for School Health (DASH):

Explore Move and Walk category here:
dashbc.ca/resources/healthy-at-home/

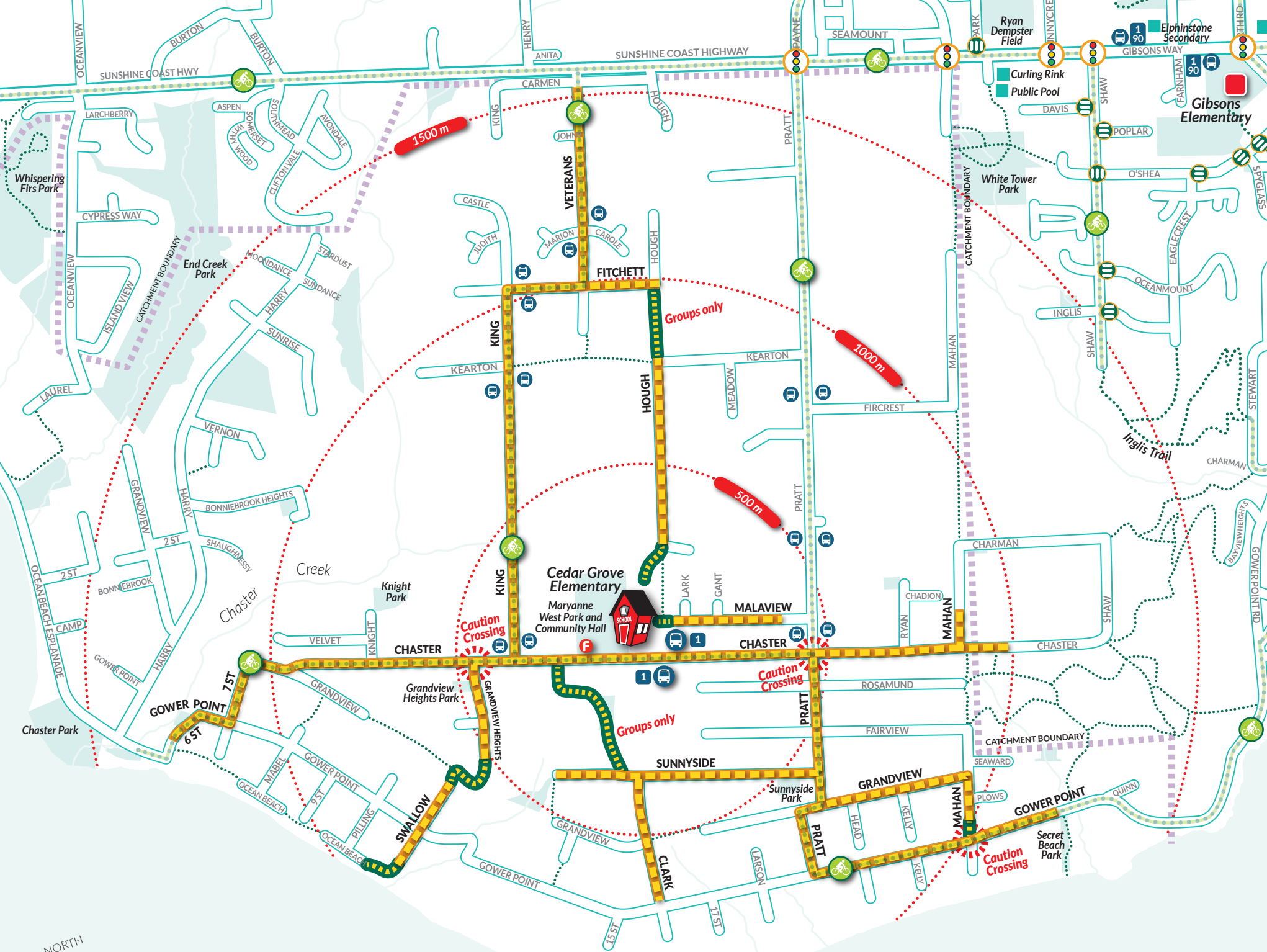


Best Routes to School are developed based on information received from the school community and municipality. They are chosen to use the safest road crossing points and to enable more people to walk and actively travel in their school neighbourhood.



Sunshine Coast
School District 46
sd46.bc.ca

CEDAR GROVE
ELEMENTARY SCHOOL



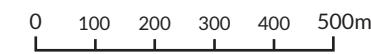
CEDAR GROVE ELEMENTARY SCHOOL

cedar-grove.sd46.bc.ca

Draft Best Routes

- Best Walking Route (sidewalk at least one side of road)
- Best Connecting Route (no sidewalk)
- Best Trail Route
- Caution crossing road
- Bus Stop
- School
- Traffic Signal
- Marked Crosswalk
- Town Cycling Route
- Walkway/Trail
- Firehall
- Police

Scale June 2021



This map is provided as a public resource for general information purposes only. The information shown on this map is compiled from various sources and Sunshine Coast School District 46 makes no warranties, expressed or implied as to the accuracy or completeness of the information.



SCHOOL DISTRICT 46 SUNSHINE COAST